



## Tennis Price List

Off-Peak Season  
(May-Sept)      Peak Season  
(Oct-April)

### Tennis Camp & Courses (2 hours +)

<b>Adult Tennis Holiday (Mon-Fri)</b> 10 hours of group coaching (2 hours per day) * Daily rate available for minimum of 2 days	€315	€350
<b>Adult Tennis Weekend (Thurs-Sun)</b> 10 hours of group coaching (2 -4 hours per day)	€70	€80
<b>Junior Tennis Camp (4-13yrs) (Mon-Fri)</b> 10 hours of group coaching (2 hours per day) * Daily rate available for minimum of 2 days	€315	€350
<b>Teenage Tennis Camp (13-17yrs) (Mon-Fri)</b> 10 hours of group coaching (2 hours per day) * Daily rate available for minimum of 2 days	€250	€275
<b>High Performance Tennis Camp (10-13yrs)</b> 20 hours of group coaching (4 hours per day) * Daily rate available for minimum of 2 days ** Available only on specific weeks	€60	€65
<b>One2One Coaching Course (Adult Only)</b> 5 hours of individual lessons	€250	€275
<b>Dynamic Duo Coaching Course (Adult Only)</b> 5 hours of shared lessons for couple or friends	€60	€65
	€475	€500
	€100	€120
	€290	€315
	€185	€195

### Adult & Junior Private Lessons (1 hour)

<b>Adult Individual Lesson</b>	€60	€65
<b>Adult Shared Lesson</b>	€37	€40
<b>Junior Individual Lesson (17 &amp; under)</b>	€55	€55
<b>Junior Shared Lesson (2 players - 17 &amp; under)</b>	€35	€35
<b>Junior Friends Lesson (3 players - 17 &amp; under)</b>	€32	€32
<b>Mini Individual Lesson (45 mins - 10yrs &amp; under)</b>	€42	€42
<b>Hitting Pro Session</b> (open practice or matchplay with an ACTA Pro)	€50	€50

### Court Hire & Tennis Services

<b>Hard Court Rental (per hour)</b>	€22	€25
<b>Hard Court Rental (block of 5 hours)</b>	€88	€100
<b>Padel Court Rental (per hour)</b>	€15	€17
<b>Padel Court Rental (block of 5 hours)</b>	€60	€60
<b>Family Tennis Package</b> (1 x court + racquets + balls + water)	€40	€40
<b>Padel Tennis Package</b> (1 x court + racquets + balls + water)	€30	€30
<b>Individual Racquet Hire</b>	€5	€5
<b>Padel Racquet Hire</b>	€5	€5
<b>Adult Tournament Entry</b>	€15	€20
<b>Junior Tournament Entry</b>	€10	€15



## Tennis Timetable

### Academy Opening Hours:

Bookings & Enquiries are available from 9am-6pm  
Lessons and courts can be booked from  
8am-8pm (peak season) / 9am-6pm (off peak season)  
Please check with the academy for weekly schedules during your stay

<b>Adult Tennis Courses</b>	<b>Monday to Friday</b> (9.30am-11.30am)
<b>Adult Weekend Courses</b>	<b>Thursday to Sunday</b> (9.30am-11.30am & 4-6pm)
<b>Junior Tennis Camps</b>	<b>Monday to Friday</b> (9.30am-11.30am & 4-6pm)
<b>Welcome Tennis Taster (free of charge)</b>	<b>Sundays (5pm-6pm)</b> <b>Monday (5pm-6pm)</b> <b>Tuesday (11.30am-12.30pm)</b>
<b>Weekly Tennis Tournaments</b>	<b>Wednesday (6pm-8pm)</b> <b>Friday (4pm-6pm)</b>

Note: Timetables may change according to the season. Please check with the tennis academy for full details of what's on during your stay



### Contact Details

For all bookings please contact the  
Annabel Croft Tennis Academy  
at The Ritz-Carlton Abama on  
**+ 34 922 126 710**  
or email: [tennis@abamahotelresort.com](mailto:tennis@abamahotelresort.com)

General information about  
the Annabel Croft Tennis Academy can be found at  
[www.annabelcrofttennisholidays.com](http://www.annabelcrofttennisholidays.com)

# WELCOME TO THE Annabel Croft Tennis Academy

AT  
**THE RITZ-CARLTON**  
ABAMA



THE RITZ-CARLTON

ABAMA





## Welcome to the Annabel Croft Tennis Academy at The Ritz-Carlton Abama

Featuring 7 plexipave hard courts and 4 padel tennis courts, as well as a coaching programme designed by former British No.1 Annabel Croft, our tennis academy looks forward to welcoming you on court this season.

During your stay, we invite you to take part in a range of tennis activities. From our renowned coaching courses and private and shared lessons, to our tennis tournaments and special events – our programme is suitable for adults and juniors at all levels of play. If you are not looking for coaching, then you can simply rent a court and play with your friends and family at one of Europe's most amazing tennis locations.

### Sample Our Celebrated Coaching Philosophy

If you are looking to improve your skills with some coaching during your holiday, why not try one of our coaching courses and learn from our teaching philosophy "Movement & Repetition". This method of training is based on same ideas that helped Annabel to a place inside the World's Top 25 on the WTA Tour and British No.1. Coaching includes high energy drills and exercises that are designed to maximise your improvement on court and your enjoyment of playing the wonderful game of tennis.



**"In order to improve, players need to hit a lot of balls!"**

- Annabel Croft

If you are new to the Annabel Croft Tennis experience, then please have a read of the information below to help you make the most of your tennis whilst you are in resort. We are always happy to help if you have any further questions too, just drop in to the academy or contact a member of our team.

### Get Ready to Play...

You might already know what type of tennis services you are looking for on your holiday but if not then there is an easy pathway to follow to get started...

#### Free Welcome Tennis Taster

All of our players are invited to join one of our free tennis taster sessions which are held at the academy 3 times a week. These sessions are designed to get players on court to assess your level of play, teach you a few basic skills and discuss what you would like to participate in so that you are ready to go!

Tennis taster sessions run on the following times each week:  
Sundays 5pm-6pm / Monday 5pm-6pm / Tuesday 11.30am-12.30am

#### Joining Our Camps & Courses

The Annabel Croft Tennis Academy are specialists at delivering group coaching courses for both adults and juniors. We have a range tennis camps and courses that are guaranteed to get your game in better shape.

Our junior tennis camps place players into groups according to age and standard and follow the UK guidelines for tennis development. Adult courses are aimed at improve to intermediate level players and feature small coaching groups to help you maximise your improvement. All our camps and courses run from Monday to Friday with players encouraged to play every day for the most improvement. Places are limited so it's a good idea to book when you arrive in resort to avoid missing out.

#### Booking Courts

Tennis courts can be booked by the hour or as a block for the week by simply contacting the academy directly or contacting Guest Relations. When you visit you can also benefit from a racket restringing service, racket hire and a chance to purchase small items such as balls, grips and towels.

#### Tennis Tournaments & Specialist Coaching Weeks

Could you be our weekly tennis champion? During our busy holiday weeks, our coaching team always run weekly tennis tournaments and social tennis events. We also have some specialist weeks for our advanced level junior players – these performance camps feature 20 hours of coaching and some time to work on fitness and mental skills! For further details about all these events, check out our website

[www.annabelcrofttennisholidays.com](http://www.annabelcrofttennisholidays.com)



**Player Tip:** The tennis academy is located at the very top of the resort and we recommend taking a transfer. Try and arrive 15 minutes before your start time to make sure you don't miss out on any tennis.



## What's on this year at the Annabel Croft Tennis Academy at The Ritz-Carlton Abama

The Annabel Croft Tennis Academy host a series of special events that are great fun for the whole family. Have a look at what's coming up and speak to one of our coaching team to sign up!

### Easter 2017

(Mar 27th - Apr 21st)

Family Easter Tennis Tournaments – Sign up to one of our special family tennis tournaments during Easter and see if you can become our champion family tennis team for the week. Tournaments run for juniors, adults and parent and child plus our coaches have some great Easter surprises in store!

### Summer 2017

(July 3rd - Sept 1st)

Every week over the summer holidays we are running a series of champions tennis events at the academy. Choose from "Mix-In" doubles, social tennis events, as well as weekly adult and junior tennis tournaments. Great prizes and trophies for all our winners!

### Half Term 2017

(May 29th - Jun 4th & Oct 23rd - Nov 5th)

October is a beautiful time to hit the courts and we have loads of things to do at the academy. Look out for our performance camps combining tennis and fitness for our serious players as well as some fun and games on court such as our spooky drills for Halloween.

### Christmas 2017

(Dec 18th - Jan 7th)

Everyone is always looking for a new hobby to start over Christmas and the New Year and tennis is a perfect option! Our coaches will be looking for new players to learn the game and players to participate in our Boxing Day tournaments – a great way to burn off some calories after Christmas dinner!

