

WHERE BETTER FOR TENNIS MASTERCLASS THAN



**CHECK IN...  
CHECK IT OUT**

The Manor,  
Weston-on-the-Green,  
Oxfordshire

**What's it like?** A 900-year-old manor house in the Oxfordshire countryside. Steeped in history, this is the place to go for a relaxed, quintessentially English getaway. Think floral teacups, huge fireplaces and glorious grounds.

**Rooms any good?** The carved four-poster bed with its comfy cushions ensured a good night's sleep – but if you're over 6ft you might struggle to fit in. The modern bathroom may not tie in with the rest of the historical decor, but was clean and sparkling.

**Eat here or grab a pizza?** The restaurant boasts a fine dining menu. Sit in the oak-panelled hall and delve into the menu by new head chef Larry Jayasekara who has

worked in top London restaurants. It costs £50 a head, but the food is of such a high quality it is well worth it.

**What else?** Bag a bargain at Bicester Village – an outlet mall with more than 130 shops – a five-minute drive away. Or head to Oxford for more individual boutiques in the covered market and browse around the colleges.

For a fun family day out, go to Woodstock and admire the beauty at Blenheim Palace too.

**So you'd go back?** Yes, definitely. The manor is a world away from the hustle and bustle of city life.

**What's the damage?** B&B starts at £215 per night. See [themanorweston.com](http://themanorweston.com) or call 01869 350 621.

JOELY CHILCOTT

LUV-ING IT... courts at Pine Cliffs, the beach at Albufeira, and learn to serve like Eugenie Bouchard, far right



# Serve and volleyday

**HOT SPOT** IT'S 29°C in KOS – seven nights half-board at the 4★ Nina Beach Hotel, which is next to the sandy expanses of famous Marmari beach, is from £360 per person including flights from Gatwick on August 25. For details or to book head to [easyjet.com/holidays](http://easyjet.com/holidays) or call 0843 104 1000.

**HOT SPOT** LAS VEGAS is 42°C – four nights' B&B at the 4★ Bally's Las Vegas is from £789 per person including United flights from Manchester on September 21. Includes 2-for-1 offer on helicopter/coach trip. See [myamericaholiday.co.uk/las-vegas-holidays](http://myamericaholiday.co.uk/las-vegas-holidays) or call 020 8290 9751

**WITH Wimbledon done and dusted, I won't be the only Brit digging their tennis racquet out of the cupboard to tune up their skills.**

But if you've forgotten most of what you ever learned about SW19's beautiful game there is no better place for a masterclass, with little chance of rain stopping play, than Pine Cliffs resort on the Algarve.

The estate has a tree-lined garden, a breathtaking view of the Atlantic from the golf course, and five tennis courts.

The 215-room Sheraton Algarve hotel is just one of five different accommodation types on offer at the resort.

There are two and three-bedroom suites at the Pine Cliffs

Residence, which have kitchenettes to allow self-catering, and you can also rent, or even buy an entire villa, with the option to lease it out when you're not staying.

*While that might be pricey, it's easy to see why visitors would find themselves wanting to return again and again.*

The Annabel Croft Tennis Academy gives you a chance to get your old forehand back – or develop one for the first time if you're a beginner.

I book a one-to-one lesson with a friendly instructor, who doesn't seem to mind when I start my session by haplessly blasting shots over his head.

And despite the ten years since I last played a game, after work on my technique I start to think I might be getting better.

Before long I'm knocking the

ball back with ease – and fairly quickly as well. When my hour is up, I trudge out of the court exhausted, but pleased with myself.

It's not cheap, with ten private one-hour lessons priced at £465, but there's a more affordable – and more sociable – option at £286 for ten shared lessons.

**'My tiger prawns are incredible'**

Afterwards I admire the stunning sea views and stroll across the lovely lawns to the cliff-edge.

There I get in the resort's lift, which has a glass wall to allow you to look out over the ocean.

I head down a wooden walkway to gorgeous Falesia beach.

Sitting on the sand, I watch the waves crash in.

From May to September, the Water Sports Centre also offers kayaking, jet-skiing, and windsurfing, among other sea bound activities.

Heading inside after an awesome sunset, I check out one of the resort's six restaurants, the Jardim Gourmet.

My tiger prawns are incredible, and the starter and dessert are incredible as well. And the bill? Yep, incredible. At £51 for just one person I'm wincing, especially as I've not had any booze.

The Portulano bar is the perfect place to enjoy a drink, with huge screens showing sport, while comfy sofas allow you to sit and chat.

Next morning it's a sport switch as I take a golf lesson with former pro Manuel

**Sun SNAPS!**



**Win £150** WISPY clouds floating past give this stunning image of the Yosemite National Park an almost magical quality.

And capturing this picture was just one of the highlights of a road trip on the East coast of the US for Sandra and Paul Dear, from Southampton.

Do you have an image as special from your holidays? Your snap could win you a 150 hotels.com voucher.

Just send your favourite holiday pic, from home or abroad, to [sunsnaps@thesun.co.uk](mailto:sunsnaps@thesun.co.uk).

Remember to tell us where you're from and where you were. Happy snapping!

**Hotels.com**

**GADGETS NEED SWITCH ON BEFORE TAKING FLIGHT**

YOU are going to have to **TURN ON** when you turn up at UK airports.

The US security authorities were the first to demand ANY electronic devices must be able to power up before boarding US-bound flights.

Now the tests on mobiles, laptops and tablets have been expanded to cover other destinations.

It is understood that Apple and Samsung gadgets have been singled out for extra checks.

If you can't turn your gizmo on, it will not be allowed on board. While few of us would ever board a flight with a flat phone battery, the new directive sounds riddled with problems and will almost certainly lengthen queues in security.

**AIR NEWS**

We've all had to dump toiletries and nailclippers having forgotten they were in our hand luggage – would anyone be happy to leave their phone or laptop behind?

US Homeland Security chief, Jeh Johnson, said: "Our job is to try to anticipate the next

attack, not simply react to the last one."

This sounds like the only powerless devices left will be the passengers.

● BA received its first Dreamliner last year but Ethiopian Airlines has just taken delivery of its EIGHTH Boeing 787.

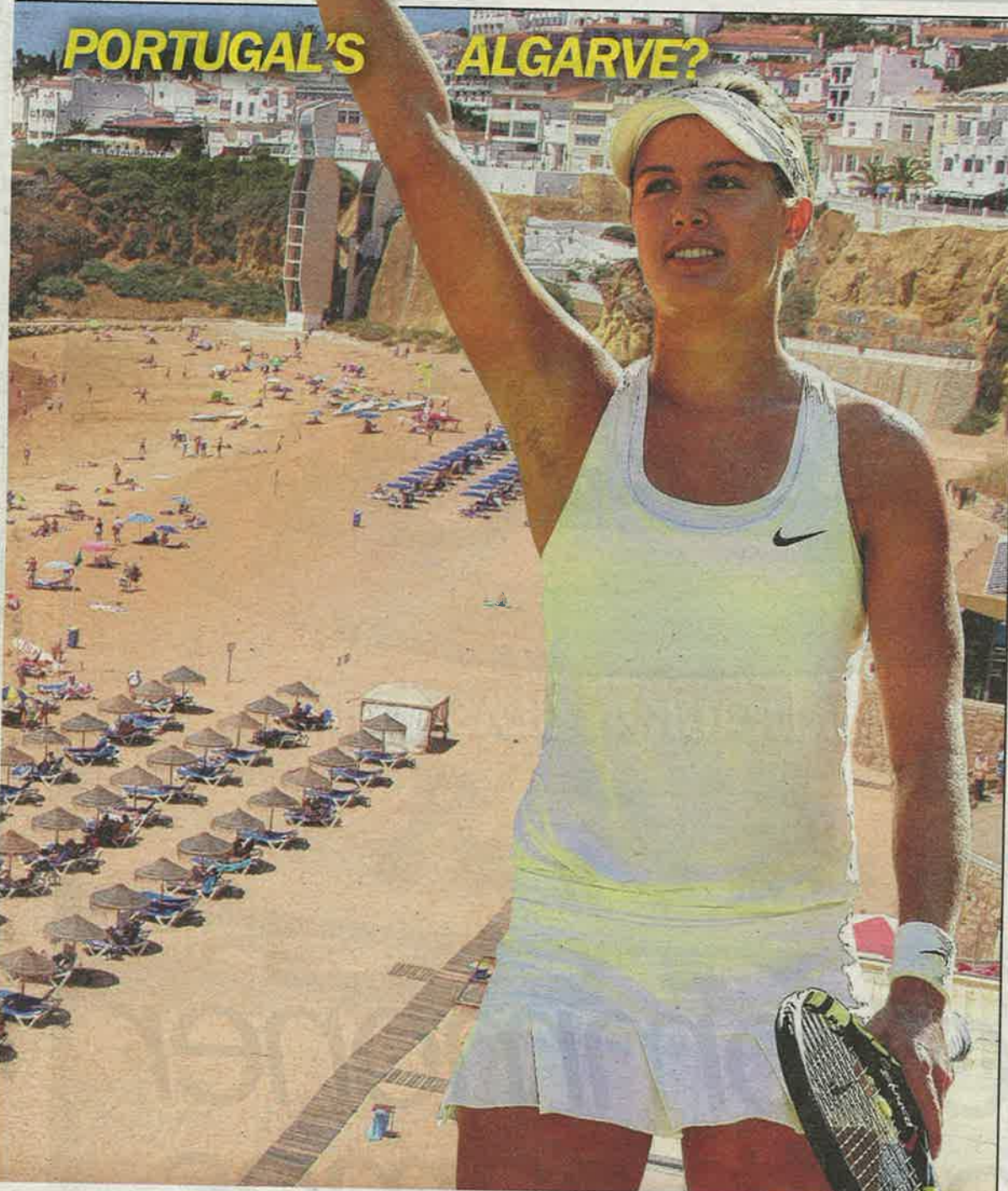
The east African carrier is the fastest growing on the continent and its latest plane will serve its daily Heathrow-Addis Ababa route.

Return fares are from £566 – see [ethiopianairlines.com](http://ethiopianairlines.com) or call 0800 635 0644.

4 pages of travel

thesun.co.uk/travel

# PORTUGAL'S ALGARVE?



Baptista. He soon has me, a total novice, driving the ball over a hundred meters – though not always in the right direction.

While I make rapid progress, I'm nowhere near good enough to tackle the nine-hole course.

But I can certainly testify to the breathtaking views from the fairways.

Taking advantage of the health facilities at Experience Wellness at Pine Cliffs, I book myself in for a vigorous Ayurveda massage.

And I enjoy a splash in the pool overlooking the sea, just one of FIVE outdoor pools.

Heading into one of the resort's two health clubs, I make a token effort on the weights before hopping into the

pool instead, and finally just sitting in the Jacuzzi and sauna. I don't have kids, but taking a look at what's on offer, I almost wish I did.

Then I'd be able to have a go on the pirate ship without getting any funny looks.

The oversized boat is the centrepiece of the kids' play area, flanked by a basketball court,

and an 18-hole mini golf course. A Junior Club lets the eight to 12-year-olds tackle activities like football, archery, and crafts.

Four days pass so quickly and it's soon time to head home – and chilling out in the sun has left me feeling on top of the world.

I'm so relaxed I can even deal with the bill – it comes to just over £300 for food and drinks over the course of my alcohol-free stay.

While this will definitely be a trip you'll want to make again and again, for most holidaymakers, it's much more likely to be the trip of a lifetime.

MATT QUINTON

## GO: PORTUGAL

**GETTING THERE:** Easyjet flies to Faro from Bristol, Southend, Glasgow, Liverpool, Gatwick, Luton and Newcastle. See [easyjet.com](http://easyjet.com)  
**STAYING THERE:** B&B in a Grand Deluxe Ocean View room at the Pine Cliffs Resort is £330 per night during peak season, or from £360 per night half board. See [pinecliffs.com](http://pinecliffs.com) or call 0800 960 709.

# ROONEY & CO ARE ON WAY TO WASHINGTON

YOU can't say the Yanks aren't interested in football any more.

They got further than us in the World Cup, and loads of European stars will be touring US cities for the Guinness International Champions Cup.

It's a chance for Wayne Rooney to claw back some credibility with United. See Louis van Gaal's squad against Inter Milan in Washington DC on July 29.

Return fares to Washington are from £647 this month at [ba.com](http://ba.com). For tickets, see [manutd.com/Tour2014](http://manutd.com/Tour2014).

● **HARRY STYLES** was spotted in Lake Como this week with friends.

Como is the pearl of the Italian Lakes and one of the nicest spots in Europe. Follow in his footsteps with Virgin Holidays + Hip

Hotels, who have four nights' B&B at the Costa Diva Resort from £819 this autumn. That's for an October 13 departure.

See [vhiphotels.co.uk](http://vhiphotels.co.uk) or call 0844 573 2460.

● **SPOT whales and dolphins** with TV wildlife expert Chris Packham on Brittany Ferries' special mini-cruises to Spain.

The two-night sailings run throughout summer from Portsmouth to Santander, then back to Plymouth and cost from £170 a person. On the route, 31 of the world's 85 whale and dolphin species have been recorded.

Onboard there will be experts giving advice and on the

September 16 sailing Chris himself will be on hand. To book call 0871 2440441 quoting Y14WWC.

- 1 I had time to stop thinking or worrying about work – 42 per cent.
- 2 Still had plenty of holiday ahead to enjoy – 31 per cent.
- 3 Had the best/most enjoyable day – 26 per cent.
- 4 I started to get a good tan by this point – 13 per cent.
- 5 Still had lots of spending money left at this point – 9 per cent.

We don't want to spoil things, but does that mean that it's downhill all the way from there?

DiscoverAmerica.com

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**BRITISH AIRWAYS**

Availability may be extremely limited, particularly during peak periods. Holiday price is in GBP per person based on two adults sharing 3\* accommodation on a room only board basis at Ramada Gateway and includes return flights from LGW to Orlando for selected travel between 05/11/14 and 12/12/14. Car hire price is based on Avis car hire in lowest car group with insurance for seven days duration. Prices correct as of 8 July 2014. Bookings must be made by midnight 31/07/14. Some payment methods attract a handling fee. Holidays are ATOL protected (number ATOL5986). For full terms and conditions, visit [ba.com](http://ba.com).

# CLUB NIGHT ON THE BEACH

**BLACKPOOL** Pleasure Beach will turn into a massive nightclub later this month. The Amusement Park will stay open until 10pm on July 19 and a number of bands have been lined up for the event.

There will also be a top in-house DJ who will be creating a party atmosphere while the best rides and attractions in the UK await.

The full line-up will be announced next week. There will be six acts

during the night, plus stilt-walkers, fire-eaters, jugglers, face painters and dancers.

Blackpool Pleasure Beach's Amanda Thompson said: "The amusement park has a different feel to it when the sun goes down so this event will be a sensational summer treat for everyone who loves the park after dark."

"There's going to be lots going on with some great bands and activities for everyone, as well as our amazing rides for everyone to enjoy."

